

THE
CAPTSULE

PART 1





COLLEGE OF ALICE & PETER TAN

National University of Singapore

With Fellow CAPTains, I uphold the College's values:
Integrity, Audacity, Compassion, Teachability;
and I ACT to engage communities as an active citizen.

I am the steward of my personal growth
and I ACT upon opportunities.

I am integral to the College community
and I ACT to reach out to its members.

I endeavour to actively contribute to the College,
for I am a CAPTain, and will always be one.

EDITOR'S NOTE



It's been 3½ years since the doors to our home first opened — this semester, we'll be seeing our pioneering batch graduate, and that marks 4 generations of CAPTains walking through these hallways. It's been a good mix and variety of professors, administrative staff members, teaching assistants, researchers, artists-in-residence, dining hall uncles and aunties, gardeners, cleaners, and most of all, the ones who have made this place our home, the students.

This piece of work — this CAPT annual — started as a project with the hope of immortalising the memories and stories that line the walls of our college. It is with hope that this 'time capsule' of sorts will store fragments of your experiences and leave behind an impression that will transcend the boundaries of time. While the annual is by no means an absolute documentation of the life in CAPT, it is our best attempt at encapsulating the most precious of moments and, as far as we could, the presence of every single CAPTain. It is also our hope that the next generations of CAPTains will continue to refine and make this publication their own.

The CAPTsule is but the combined passion of many, and the first of its kind. The team has worked very hard at it, and we would like to acknowledge them: Angie, Chan Yong, Davin, Esther, Fiona, Joshua, the rest of the Publicity Committee, CAPTure, the CSC, the House Committees, the Professors, and every single CAPTain from 2012 to 2016. Your help and unrelenting commitment to the annual has touched us and we are remarkably grateful for every single one of you.

It is with much pleasure that we present to you the inaugural issue of The CAPTsule. May this be the legacy of ours, and the collective of the many generations to come. Enjoy.

Gabriel Christopher Lee | Editor-in-Chief
Nadia Aldora | Creative Director

RECTOR'S ADDRESS



“Keep finding ways to give back to the community what you have richly benefited from it.”

The production of this first Annual, or Yearbook, at the tail end of the fourth year of CAPT's life is timely. I congratulate the team, made up of students and led by the CAPT Publicity Team, on your initiative. I do hope the Yearbook will prove to be a “hardy annual”.

I am particularly impressed that notwithstanding your preoccupation with studies — the prime purpose of University life — you find time to cultivate your diverse interests and passions. High on your list of priorities is service to the community, especially the less privileged, here in Singapore and in neighbouring countries. Thanks to your dedication, and ably led by the Master and Fellows, community engagement may be regarded as the leitmotif of CAPT.

CAPT is a relatively small community of some 600 souls. Yet you may all be proud of your achievements. You have experimented with a slew of options, honed and sharpened them, until you felt comfortable with the choices made. I am confident you will continue to live up to those values that you cultivated during your halcyon days in CAPT. Respond to the urge to continue to improve yourself, and keep finding ways to give back to the community a part of what you have richly benefited from it.

CAPT will always have a welcome for you, certainly as a resident and even an alumnus. May you treasure this Yearbook and keep it as a reminder of memories, experiences and joys of your years at CAPT.

J Y Pillay

MASTER'S ADDRESS

Dear CAPTains,

You're holding a piece of history in your hands – the first CAPT yearbook!

Each of the last four years has been a busy and fulfilling time for everyone – Students, Fellows and Staff. I am particularly glad to see what a supportive community has developed within these walls, and that it is a community which also constantly looks beyond itself.

My hope for the future is that CAPTains will be able to look back and honestly say that being part of CAPT has helped them grow and brought out the best in them.



Within these pages, you will find many CAPTains reflecting on their experiences in the College... so, in writing this, my thoughts turn to a slightly unconventional aspect of 'master-ing', and to a question – have I grown too? I hope you will allow me to share with you what 'living and learning' (never too old!) has meant for me over these last few years...

Appreciate what you don't know (or don't have) ... and what others do.

I have often marveled at how colleagues and students have embraced this huge, collective effort of growing a college community, and brought so much to it, in their own unique ways. Whether it is a timely dose of humour, energy, caution, common sense, intuition or encouragement, CAPT has taught me, personally, to appreciate the diverse contributions that every individual makes – especially in areas where I find myself lacking. The College has benefitted from the dedication, effort and trust of a great team of Fellows and staff, and from the partnership that enables our community life to be deeply student-led.

In my own field, I used to keep up with advances in cancer research; here I've been privileged to host speakers at Master's Teas from a staggering variety of fields who have inspiring stories to share, and much wisdom to dispense. There has been something learnt from every speaker that I have listened to, from resilience, innovation and leadership to biking, design, urban planning, or a whole range of other fascinating topics.

Be open to possibilities ... and surprises.

One of the most exciting aspects of my work is discovering how things can blossom and grow, even in the most unlikely circumstances. I have learned to remind myself to sit on my hands, and to wait and watch as something amazing unfolds – often because a student or colleague has been audacious and passionate enough to try something completely new.

So, I count myself privileged to be able to live in such a collegial and rich learning environment. Can I encourage you, again, to make the most of these years. The close of one academic year is a good time to look ahead and prepare for the next – not only if you are returning to CAPT, but even more so if you are not – and to resolve to hold on to our iACT values and keep the flag flying.

Many thanks to the Publicity Committee for initiating this project – another 'first'; and to the team who have worked so hard to put the Annual together.

With all good wishes,
Adeline Seow



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WORK

Community engagement is the heart and soul of this College, so our work naturally requires the human touch. In this section, we take a closer look at how the CAPT's vision both shapes and is shaped by our people and what we do.

PLAY

It's definitely not all work and no play for CAPTains, as a quick conversation with any Fellow will make clear. But are there any limits to the fun we have? Only reading this section will tell you.

FOOD

Here at CAPT, food doesn't just warm the stomach: with the company of good friends, every mouthful warms the heart. In this section, we serve up a collection of mouth-watering pictures and some food for thought.

HOME

They say it takes hands to build a house, but only hearts can build a home. This section opens the doors to a deeper understanding of the College of Alice & Peter Tan — the place in which we all live, work, and play; our home away from home..

TIMELINE



JULY

Freshmen Orientation Camp

AUGUST

Fledgling Week
CAPTleidoscope
Welcome Dinner

SEPTEMBER

Annual General Meeting (AGM)
Open Mic

OCTOBER

CAPT Nightcycling
Night at the Museum (PFS)
Inter Neighbourhood Games (ING)
Halloween Dinner
Intercollege Halloween
(UTown Pandemonium)

JANUARY

Play it forward
Family Night
CAPT Alumni Dinner

FEBRUARY

Inter College Games (ICG)
Open Mic
Valentines Day Dinner

MARCH

Guitarpella Concert
Open Day
Inter Neighbourhood Shield (INS)

APRIL

CE Fest
Farewell Dinner

WORK





FELLOWS & STAFF

What's something that you would tell your younger, university-going self to do if you stayed in CAPT?

To my younger, university-going self: Go try an interest group you never imagine you would try. Go learn about another community you do not know anything about. Do not worry about the “small stuff” - what matters most in life is your faith, your family and your trustworthy friends.

Ms Sue Chang Koh

I would simply tell my younger self to make the most of his stay at CAPT because it is such a great and unique opportunity! I would try to make him realize how lucky he is to be at CAPT: living, learning and having fun with so many fellow CAPTains. I would tell him that friendships forged at CAPT might be life changing. I would tell him that, many years later, he would be looking back at those days fondly. I would tell him to enjoy the small, everyday things that come with living at CAPT: things like bumping into someone on the lift or having meals with your neighbours, those are the things that he will miss the most.

Dr Alberto Corrias

Where is your favourite spot in CAPT, and why?

I like the 'mini-amphitheatre' bounded by the basement lift lobby/B1-50 general office, and the CAPT auditorium. Under the growing trees, this is a great spot to stand around at almost any time of the day (and to feed mosquitoes at some times). I have serendipitously met and chatted with many CAPTains here. My younger kids are often using the ramps and cycling/skate scootering round the trees. I hope that a nice cafe will sprout soon at the deck tables and chairs that have been in place for the past 3 years, so that more people can spend time chatting and watching the busy world go by.

A/P Reuben Wong

I think it would be the Master's Common. That is where I get to meet my “fellow Fellows” and also where we have had two enjoyable semesters of our reading group with CAPTains.

A/P Bruce Lockhart

If you got stuck on an island and you could only have another CAPT fellow with you, who would it be, and why?

My choice of which Fellow to be on a desert island with is a toss-up between Alberto Corrias and Greg Petersen. Many CAPTains know that I love board games, but may not know that Alberto is an excellent chess player and a competitive swimmer. So a simple chess set could keep us entertained for days, with the bonus that he can save me from drowning. On the other hand, Greg camps regularly with his children and I'm convinced he knows how to forage for food, trap wild pigs, and rub sticks to make fire. I'm torn between dying of boredom and dying from lack of survival skills. I guess I'd choose Alberto (sorry Greg!) since I think it's better to live for a short time and be entertained than to survive and have nothing to do!

Dr Daniel Jew

How would you describe CAPT or CAPTains?

I find that CAPTains are a special breed – those that I have had the privilege to know through Capstone modules and activities are just truly passionate with people and meeting community needs! A recent Capstone project on senior-friendly supermarkets introduced me to four energetic and innovative CAPTains, who must have captured the attention of the aunties at the supermarkets with their charm and ever-readiness to help out! I also recall fondly the overnight stay with CAPTains and children from low-income family at the Sentosa Underwater World that Dr Tan Lai Yong and I organized, the ease with which our CAPTains take up their roles as big sisters and brothers impressed me and have certainly inspired the children they came in contact with!

Dr Thang Leng Leng

CAPT is a busy, bustling honey bee colony. CAPT, the beehive; our lively CAPTains, the bees. Many bees collectively form the living, breathing community. Each bee is unique. Each flying out daily to explore the universe. Each bringing back unique personal experiences. Each making distinct and important contributions to the hive. All contributes to the distinctiveness of the honey that the hive produces. The challenge now is to consistently produce good honey not only for the hive but for others in the ecosystem too!

A/P Theresa Tan

What do you look out for when interviewing CAPT applicants?

I would like a student to be in CAPT who is open-minded and curious to learn more. To me, the capacity to learn is more important than what is actually learned.

Dr Lee Soo Ann

I look out for applicants who are curious about the world around them, and strive to learn something new constantly, even when they don't need the information to pass exams. The art of conversation isn't a strength in our undergrads. I hope we get more raconteurs in CAPT!

Dr Joelle Lai

What is a New Year resolution that you have for 2016?

To try and make more time for attending CAPT activities, even though it is not easy on top of my commitments in FASS.

A/P Bruce Lockhart

For some reason, individuals always seem to pledge grand self-improvement strategies in the beginning of each year, such as eating healthier and exercising more; however, while I usually fall short, I often try to be healthy year round. Rather than make such lofty resolutions, I generally make a list of goals – some specific, others broad – to strive for and achieve in the coming year. In 2016, I want to spend more time with my family, which includes visiting some family members in California. I also want to try new experiences, such as sky diving and snow boarding. Lastly, on a professional note, I aim to increase my community outreach efforts through greater volunteer and engagement activities as well as develop new strategies for my students to learn outside the classroom.

Dr Kevin McGahan

CE FEST



On April 2nd, 2016, the college held its annual Community Engagement Festival. Titled *CE Fest'16: Moments*, CAPT's 3rd CE Fest aimed to create meaningful memories of time spent learning from and engaging with migrants, the elderly, and youths. As with previous CE Fests, we invited our regular partners from previous years to celebrate the relationships we have since formed with them. It was a day for us to show appreciation to our partners for their involvement and partnership in CAPT events.

The vision for CE Fest was to be a festival that celebrates the uniqueness of different communities. By creating a platform for interaction between various communities, *CE Fest'16: Moments* was a wonderful opportunity to showcase their vibrant qualities. Through this event, CAPTains learnt from the different communities over conversations and activities, and these lessons strengthened their understanding of the diversity and strengths that communities in Singapore have. *CE Fest'16: Moments* encapsulates CAPT's vision to be a learning community with a passion in community engagement and active citizenship, and successfully tied in multiple aspects of our College during the event, by involving student interest groups, continually engaging with the partners of CAPT, and even incorporating the academic curriculum.

During the event, groups consisting of students from Junior Colleges, CAPTains, as well as individuals from partner organisations went through a series of workshops — two teaching stations planned and conducted by the partners and one teaching station by our very own CAPTains. These workshops encouraged the sharing of interests between individuals, and learning of various skills from one another. It was a humbling experience for many, as we realise the great deal of things we can learn from one another and come to better appreciate. From this, we learnt that our differing interests do not have to divide us — in fact, they are gateways for us to bridge gaps between communities.

Sophia Sam



COMMUNITY ENGAGEMENT: TANGLIN SCHOOL

The Neighbourhood Community Engagement (CE) initiative by ACE was what led me to volunteer at Tanglin school. My neighbourhood, Tulpur, was assigned to engage with students from Tanglin School, which is a school for children with special needs. As the Neighbourhood CE representative, I wanted to find out more about the students in Tanglin School before the actual Neighbourhood CE event. Hence, I signed up as a regular volunteer under ACE. Before my first session at Tanglin school, I had no idea what to expect and was worried if there would be a communication barrier between the students and me. However, as I attended more sessions and got to know the students better, I learnt to appreciate their uniqueness and forged friendships with them.

Every week, CAPTains engaged with students from the Bank Management Club and taught them skills such as personal grooming, basic financial literacy and customer management. Although the students might be of the same age, there was a wide range of learning abilities. This presented a challenge when we delivered our curriculum as we had to pace our teaching to suit the different levels of understanding. However, the students were very eager to learn and showed great enthusiasm for the activities that we planned for them. It is heartwarming that the students made an effort to remember our names and for us to witness their progress in stepping out of their comfort zones. I was really encouraged when a reticent boy whom I interacted with during the first session taught his classmates how to play a game during a recent session. The students might not be able to fully comprehend the content of our program, but we hope that through encouragement and motivation, they will pick up vital skills such as teamwork and self confidence. Engaging with the students taught me to be more patient and adaptive to changes in situations. I have also learnt a lot from the inspiring teachers, who gave us feedback after each session and whose love for their students were apparent every time I observed their interactions. Having experienced the challenges of engaging the students for two hours per session, I can only imagine how much more effort is needed on the caregiver's part to attend to the needs of the child on a daily basis.

As Singapore works towards becoming a more inclusive society, mindsets still need to be changed about children with special needs. The stigmatisation of these children remains the greatest barrier in integrating them into the society. It is my hope that through engagement programmes between various communities and the children, more will come to understand the challenges they face and show their support for the caregivers.

Ng Shuen Yew

COMMUNITY ENGAGEMENT: THROWBACK SATURDAY

On a Saturday morning, CAPT welcomed our older guests from Wesley Senior Activity Centre (WSAC). The dear aunties and uncles were so happy and excited to be back, as evident from the smiles on their faces and excited chatter. For most of them, it was not their first time here, and they recognised the place as well as CAPTains they had met at previous events.

This time round, we decided to organise a #throwback themed carnival, where CAPTains and the elderly were entertained with traditional old school games such as chapteh and five stones. We wanted to bring the elderly 'back to the past', and provide an opportunity for the elderly to reminisce about their younger days. One of the WSAC aunties even proudly shared how she used to sew her own five stones during her younger days. A few of them showed their 'hidden talent' in these activities — we were surprised to see quite a few 'chapteh masters'! We ended off the event with a mass karaoke session since singing was a forte for many of the elderly at WSAC. Even before the karaoke session started, names of uncles and aunties were already thrown out as volunteers to sing. Eventually, we decided on passing the microphone around so everyone could have a chance to participate in the singing. We were glad that both the CAPTains and elderly were engaged in the session — music truly brings people together.

Overall, it was good that the elderly and CAPTains were able to come together to engage in meaningful conversations despite the age and language differences. The elderly really do have many interesting stories to share, as well as wisdom and life advice to offer. Similarly, the CAPTains also brought some fun and youthful energy to the elderly too. Indeed, there is much we can learn from them to live our lives more joyfully and purposefully, and one way of doing that is to contribute to theirs.

Annabel Seah & Maple Khoo





MASTER'S TEA

When I went for my first Master's Tea, I remember thinking that this was what CAPT was all about: the access to many opportunities for learning and growth. It was up to me to make use of these opportunities, or else I'd be wasting my time here. I had the impression that it would be formal, almost uncomfortable and lecture-like. We would sit there for an hour and a half, listening to some expert talk about a topic that he or she would be far more interested in than us. I signed up for it hoping for the best, rationalising that even if it turned out boring, at least it would only last an hour and a half.

On 30 September 2016, Prof Seow hosted Dr Tam Wai Jia, the speaker for the day. She is a medical doctor who has served marginalised communities in various countries. While many of us have gone on overseas community engagement projects, it was evident that she was far more experienced than us. Despite that, she was an attentive, enthusiastic and relatable speaker. We really got to see the gritty, ugly side of living and working in an unfamiliar environment.

She spoke to us about living in a Ugandan dormitory where construction took place every day, making it difficult for her to get proper rest. When she asked the locals when it would stop, they always told them that it would stop the next day, although it never did. Eventually, she learnt that in their culture, it is extremely rude to reject or refuse a guest. In place of telling her the truth, the locals offered a placatory answer, not because they had malicious intentions to deceive her, but because it would be rude to tell them the truth. Such a simple interaction brought together many complex issues, such as globalisation, development and inter-cultural communication. We were reminded how important it is to be conscious and sensitive to other cultures when we engage with their community.

The session concluded with question-and-answer and refreshments. I remember feeling awed, even privileged to interact with Dr Tam on such a close and personal level. Truly, Masters' Tea is a great, informal avenue for us students to know more about the world and speak to people we might otherwise never meet in our lives.

Angie Ong

IDEAS & EXPOSITION



I took *Science Fiction & Empire* as my IEM 2 module, where we learnt about post-colonial theory, and about concepts of colonialism and imperialism. This is then applied to Science Fiction texts, and we saw how these movies, novels, and even video games, use theories of colonialism to order the societies of these universes, making it easier for us students to learn about how these ideas still apply in a modern context. I really enjoyed myself, because I had a lot of room to really explore what I am interested in and still be able to see how it relates back to colonialism. I was able to look at what we conventionally define as Science Fiction, such as the movie *District 9*, but also more modern texts such as *Herland* by Charlotte Perkins Gilman and the graphic novel *Y: The Last Man* for my final paper. The limits were endless, and that was what I truly loved about this module.

Anuthama Raghu



English, Singlish and Intercultural Communication was probably my favourite module in Y1S1, thanks in no small amount to the engaging course material and the equally engaging professor! With palpable passion, Prof Jock led us through the nooks and crannies of cultural linguistics — specifically, Natural Semantic Metalanguage — and cross-cultural communication. The dual aims of honing our critical thinking and writing skills and also imparting interesting and potentially useful content knowledge were definitely met, in my opinion. Lesson material aside, I think I speak for my class when I say that lessons were made even more enjoyable through Prof Jock's style of engaging his students. Who can forget his constant calls for us to "nominate your favourite person in the class" and give so-and-so "a pat on the back"!

Fiona Teo

JUNIOR & SENIOR SEMINARS



I felt that the module *Environment and Civil Society in Singapore* was a pretty useful module in terms of contributing to my general knowledge, especially about how civil society functions. I enjoyed this module because I liked learning about the environment! It exposed us to the politics that saving the environment entailed and showed us the ways in which each of us could make a difference.

My favourite part was the field trip to Pulau Semakau where we were given a tour of our landfill. It made the need for recycling and conserving our land so much more pressing. The speakers that came in during our combined sessions gave us insights into their conservation efforts. It was a fun module that had lots of fun and interesting facts. Also, I liked the exposure we got about global and local environmental issues.

Chloe Ang



Have you ever considered the politically correct nature of various debates in today's society? Or that you were subconsciously practising everyday racism?

Power and Ideas was an intriguing junior seminar that inspired discussion on various topics like democracy, meritocracy, gender and many more. Many thought-provoking questions were considered during lessons and by examining a plethora of topics we gained a broad perspective on them as we openly debated ideas and concepts.

Dr Reuben Wong explored these topics by highlighting the impact of cultural theorists like Michel Foucault and Stuart Hall on today's dominant ideas in a very engaging manner. Talks by distinguished guest speakers and field trips also made the ideas more relevant.

Ridhi Bhatnaga



CAPSTONE EXPERIENCE

The Capstone Experience calls on passionate CAPTains to apply their learning in CAPT to real-life problems and where these CAPTains work with community partners to find practical solutions that can benefit this part of the community. One of the groups (featured below) worked with Centre For Seniors to promote elderly-friendly supermarkets in Singapore.

Our Capstone project aimed to improve the supermarket experience of our seniors, in the hope of making such spaces more age-friendly. Throughout our project, we conducted field work on various NTUC outlets, researched on relatable concepts such as supermarket psychology and intergenerational contact zones. In which, we developed recommendations in terms of infrastructure and campaigns that support the elderly, or encourage more interaction between them and the young. Looking ahead, our group produced an Age-Friendly Checklist that can be used in future.

Hong Li Wee

The Capstone Experience was fun, eye-opening and powerful. We had the opportunity to share our findings and network with the people who are ambitious in improving the welfare of our seniors. We hope that our project will benefit the seniors in the near future.

William Henry Taslim

The Capstone Experience had been an enriching and pleasant experience as we embarked on projects that had the potential to create meaningful benefits for the community. The learning was enjoyable through independent and collaborative methods such as literature review, field studies and interviews, allowing us to gain insightful perspectives in both theories and the real world.

Wong Zi Heng

PLAY



EVENTS



Halloween Dinner

Dressed up in their most creative costumes and outfits, CAPTains came together in the dining hall to enjoy a sumptuous dinner with exciting performances and games. Performances were put up by our very own CAPTains from Guitarpella, Jam City and even the Impressionist. We also cannot forget the amazing photobooth prepared by CAPTURE that helped all of us capture our crazy costume moments. What made CAPT's annual Halloween Dinner so interesting was the creativity employed by CAPTains: we dressed up in our most 'epic' outfits! Some classics this year were Glen's out-of-the-bathroom look, Garuda's 'Inside Out' gang, and the terrorists from Roc.



Valentine's Day Week

To celebrate Valentine's Day 2016, a series of activities was planned to provide opportunities for CAPTains to have fun and show appreciation to the people around them. Roses and different designs of friendship cards were sold at very affordable prices, in the spirit of friendship and love! These activities eventually culminated in the Valentine's Day Dinner, affectionately themed "Love is An Open Door", a Disney love song. The performances by Jam City and Guitarpella really made the night a memorable one. Games were played and a photobooth was set up as well for CAPTains to take photographs and create beautiful memories with their friends and significant others.

Inter-Neighbourhood Shield

During the Inter-Neighbourhood Shield (INS), CAPTains participated in a wide variety of games that involved alternative forms of sports and console games. For INS 2016, the Student Affairs Committee paired up with Game Assembly to introduce new board games —Dominion and Coup— and the usuals, like Pool, Foosball and Xbox Kinect. We also gave some games a twist and added an extra element of fun and laughter, e.g. additional running rounds in Jungle Speed. SAC also brought in two mystery games, Hungry Hippo and Fresh, aimed at adding suspense to the competition. This way, participation was just not restricted to the competitors but also open to the supporters. We really hope that everyone had fun!



Inter-Neighbourhood Games

The Inter-Neighbourhood Games (ING) takes place every first semester of the academic year, in hopes of strengthening the ties both within and amongst the 5 neighbourhoods of CAPT. Using Sports as a platform, the Sports Committee hopes that through all the games played, CAPTains would learn more about sportsmanship, friendship and more about themselves. It is through this event that the Sports Committee helps to impart into our new Freshmen the spirit of One CAPT, as at the end of the day, every CAPTain is a winner.



4TH CSC

Serving as President has been an immensely fun and fulfilling experience. I wouldn't have my final year any other way. Looking back on our term, I'm proud of what the student leaders have started, the foundations that have been laid, and all that we've accomplished. I'm extremely grateful for the amazing people I've journeyed with and served alongside, and can't thank them enough for all the hard work and heart they've put into building CAPT. #thankyouCAPT for an amazing university experience, and may the CAPT spirit of love, family, and community continue to grow stronger as the years go by.

Grace Ann Chua
President



I joined the CSC as I wanted to continue serving the College, my home. Something unique that we pioneered in the 4th Internal Committee is that all 5 of us, the directors of the 4 committees (Student Affairs, Clubs & Societies, Sports, Publicity) and myself, would meet regularly causing us to have much more inter-committee projects this year. I sincerely hope that all of you, CAPTains, enjoyed the activities and programmes that were meticulously planned by the four committees. To my directors: you've all done a wonderful job, thank you!

Jennifer Noviana
Vice President (Internal)



With the focus of community engagement as the vision of our College, the External Vice President takes up the task of overseeing all external related engagements made by CAPTains. Besides managing the 3 committees (Social Innovation, ACE, External Affairs), the EVP also takes up various advisory roles on initiatives that require external liaison. The College is indeed a place where students can take up opportunities in a bid to gain valuable knowledge and experience helpful for future endeavors. I urge CAPTains to never lose the thirst for learning and to always seek such opportunities laid out for you.

Trevor Ong
Vice President (External)





Together with my committee of 12, we initiated new ideas & activities for CAPTains to bond and create new friendships in CAPT. Some of these events include Halloween, Valentine's Week celebration and Inter-neighbourhood Shield (INS). We also look after CAPTains' welfare by preparing exam welfare packs and managing the printing service in CAPT. To add on, the CAPT Buddy Programme, the CAPT suggestion box and the CAPT umbrella initiative were some new initiatives that my committee came up with.

Yu Sheng Hong
Student Affairs Committee Director



I think the designation "Director of Publicity" tends to glamourise the work I am involved in because what we really try to do is make connections through communication. The spirit of publicity lies in its people and community; to be that platform that allows individuals or groups to showcase their passions, concerns or gifts, which is thoroughly humbling. 4th Publicity is made up of architects, innovators, designers, artists, writers and talents and I am merely a co-labourer with this team of thanksgiving.

Esther Teo
Publicity Director



As Director of Clubs and Societies, I hope to provide platforms for CAPTains to explore new interests and create a culture of talent development and appreciation for the arts. With my crazy and passionate committee, we strive to promote inter-neighbourhood bonding by contributing to the vibrant student life and maintaining common spaces for CAPTains to bond and forge friendships. ClubSocs - we're the right sock to your left sock; A shoutout to my dearest committee – Adi, Jun Hui, Leandro, Merissa, Qiao En, Vy, Ze Xun, Zi Yun; thank you for being my biggest gift; it has been a great year - love you long time #clubsocs

Khor Qian Yi
Clubs and Societies Director



As the Sports Director, my role was to facilitate and encourage the Sports culture in CAPT. During my term, I introduced the aspects of “Health” and “Fitness” to further grow and build our CAPTains. I took on this role because I felt that I was in the capacity to do more for CAPT, having being part of the NUS Students’ Sports Club and having the motivation to watch fellow CAPTains grow and enjoy themselves through sports. My committee members are made up of a good mix of CAPTains who have each contributed to the committee in their own unique ways, putting their heads together to produce the success we have since achieved.

Hong Li Wee
Sports Director



I find it fulfilling to share my experience as Director of ACE with like-minded CAPTains who are equally passionate about reaching out to various pockets of our society, including the elderly, migrant workers, children with special needs, overseas communities and even our very own CAPT staff. I am also grateful for having the opportunity to encourage CAPTains who are new to the idea of community engagement to step out of their comfort zones, and befriend with our partners. One thing that keeps ACE Wing special is our innate belief that every CAPTain can make a positive difference in our society!

Teo Eng Han
ACE Director



As someone who truly believes in the value of social innovation and change, my aim was to work towards outreach, having more people understand the meaning of social innovation. In the process of serving, I have grown so much, and the super cute uncles and aunties that we met at Holland Close have inspired me a lot with their personal stories. It has been a great journey of learning, where we have learnt that SI needs to start from love, humility, and perseverance. Making a tangible impact in the lives of the residents we serve is definitely challenging, but no doubt, it is something worth doing.

Elizabeth Wong
Social Innovation Director

Nobody really knows what EXA really does. Unlike other committees, we do not have a clear-cut job scope, just slightly ambiguous terms such as 'intercollege' and 'alumni' to guide us. Along the way, my committee and I eventually figured out the beauty of this entire situation: anything and everything goes. We made full use of this revelation and just toyed around with the many ideas we had. I am just so thankful for this wonderful group of CAPTains I got to work with, our accomplishments, the lessons and experiences we got to share, and all the fun times we had.

Veronica Tan
External Affairs Director



People think of General Secretary as a minutes-taking person, but it's not all there is to the job. The Gen-Sec behaves like a tightrope walker's pole. When the directors and the President and Vice-Presidents pose opposing views, he/she needs to balance the opinions of both sides and remain objective. Taking minutes then gives the Gen-Sec a full picture to do so. Not only does the Gen-Sec follow the lead of the Top 3, he/she must know when to say "NO!" when suggested ideas are infeasible. As my term progresses, I figured out how I would contribute to the committee and thus the college.

Tiffany Wee
General Secretary



My primary role in the CSC is to ensure that finances within this student body are managed appropriately, which includes budgeting and claims. It may sound simple and mundane, but it is an essential role to ensure smooth running of college events! Many administrative procedures happen before each claim is processed and explaining how it works to treasurers from various committees is part of my job. I had fun "tutoring" my fellow treasurers in the initial phase and I am glad to have a team of capable treasurers during my term as the Finance Secretary.

Oh Suan Kai
Finance Secretary

