

THE
CAPTSULE

PART 3





An inclusive and fun-loving house, Roc strives towards only one aim:
Creating friendships that run deeper than their Angsana roots.

ROC



Best way to catch us: Bait with food.

Usually spotted: In a pack.

Frequently found: At low altitudes.

Pet peeves: Being asked to take the stairs | Loud intrusive noises from the dining hall and courtyard due to proximity to the ground.

Best ability: Descending stealthily to ground floor in the shortest time.

Remember to 'jio'for: Extra food at Master's Tea.

Best kept secret: Has a buffer suite with no one living in it.

Favourite quote: TAKE THE LIFT!

Hall of fame: Biggest House Committee! | Highest Fatalities in Underwear!

PROF SIOK KUAN TAMBYAH

What do you imagine CAPT to be like in 5 years' time?

This might be wishful thinking but in 5 years' time, we would have fewer cleaners and dining hall staff because we would all take turns to take care of the College and serve food/clean up in the dining hall. This will make us more aware of the care and maintenance of common spaces, and appreciate those who help with these tasks. I hope to have and hear more interesting and diverse conversations in the Dining Hall as CAPTains get together for meals. I would also like to see more mingling among Neighborhoods for suppers, College events, etc.



If you were a student in CAPT, what do you think would be your favourite aspects of CAPT life?

Hmmm, a tough question that I am not going to answer because I may step on someone's toes. Every house or neighbourhood is unique -- what yardsticks would you use? Oops, I think I just answered the question! Well, the same goes for comparing residential colleges (i.e., comparing Tembusu and CAPT). I don't like it when people ask me this on NUS Open Day.

What is one thing that you wish you knew when you were in college?

That I was more aware of what was happening around me... I was an undergraduate in the NUS Business School, I enjoyed my course and my major (Marketing!), I had my CCAs and my friends -- life was generally good. But I was politically apathetic and rather dogmatic in my views. It was not easy for me to be open to different ways of doing things. Thanks to graduate studies in the United States and the many people I met and learned from, I think I have grown to be more open, inclusive and empathetic.

How do you achieve work-life balance in CAPT?

My work-life boundaries are somewhat blurred as RFs are on call almost 24/7. It's great to live on campus but the only time I can get away from CAPT is when I am literally out of the country! I find that I have been spending less time with my family and friends since I started living at CAPT. My husband is very supportive of what I do, so that makes it a lot easier. We have a lunch date every Monday to start the week together. I try to accompany him on his trips when I can fit them into my teaching schedule and when he's traveling to a destination I want to visit.

ROC HOUSE COMMITTEE

Deanlauren Lau, Creative Arts Director

I took up the role as the Creative Arts Director in ROC, taking initiatives to bond the house as a closely-knitted family through various means of arts. As flexible as art can be, so is my job scope in building camaraderie within Roc. My role in the committee is hence interdisciplinary in nature; I have to contribute and execute fresh ideas for house events such as level-bonding night, as well as getting people together to come up with designs such as our House's supporting banner. It's definitely a great platform for me to bring everyone together.

Daniel Tan, Sports IC

As a Year 1 new to CAPT, I believed that CE could be as simple as engaging a neighborhood. Hence, I took the first small step and joined the House Committee, hoping to serve my fellow ROCKers. Gabrielle and I provide opportunities for ROCKers to foster friendships through sports. I am delighted when I see my friends bonding over our weekly sessions, be it Badminton or Captain's Ball. You won't believe how hard my abs are from laughing at the hilarious occurrences from these sports!

Prachi Singhal, Residential Assistant

Considering how interesting and entertaining our CAPTains are, the RAs have a wonderful time knowing everyone personally. We work to integrate the students to foster the house spirit, build a strong support network and strengthen the students' bonds to the college, all through good memories. Being an RA isn't always easy, but the tremendous support from everyone makes it worthwhile. It is truly a privilege to serve the college and grow together in the spirit of friendship. So, we continue to learn in this magnificent house, and keep ROCKing.

Shermeen Choo, Welfare IC

I chose this role as I really enjoyed myself and felt right at home here in ROC, and I wanted to continue this homely environment for the other ROCKers. Apart from organising activities and events with the other comms, my job scope extends to making sure our level amenities are well-maintained, and collecting feedback from the ground to make improvements. The best part of my job is seeing the house enjoy themselves and bonding together, and this makes all the hard work worth it!





The Dragon Neighbourhood operates on three fundamental goals:
Fun, Friendship and Food — though not necessarily in that order!

DRAGON



Favourite quote: We are the house that only tries if it has to. | In the Top 5 of any competition in CAPT.

Homemade hashtag: #DforDestroy

Best kept secret: Visit #08-69 to book a visitation with our residential pharmacist.

What annoys us most: Koi, Macs and Ameens arriving at 2am (but we continue to order them anyway).

Special events: We celebrate Lucie's, our RF's daughter, birthday every single year.

Shoutout: We have the best bunch of the Pioneer Generation, you can't beat that!

And... our RF > Your RF.

PROF ANNE RAFFIN



What is one thing that you wish you knew when you were in college?

Time flies, don't procrastinate so much! I guess I did not know much about who I was when I was in college and rather than exploring various paths, I just waited, hoping that fate would make it all happen! I lost some precious time. Hence I am very happy and impressed when I see students at CAPT who are empowered and take many roles and feel a lot of empathy for the lost souls.

What do you imagine CAPT to be like in 5 years' time?

I think it will be an even more student-driven place. There will be an even greater number of activities proposed and organized by students and, hopefully, also a place where we are able to house more students with physical disabilities with its helpful culture and disability-friendly facilities. We are going towards the direction of a community-friendly college, and I think that apart from helping those outside of CAPT, we also need to work with the people in NUS as well as internally with our own students. I think we need to always remember the people within and in order to move forward, we need to make sure the students and the staff are well-taken care of.

What makes your house different from other houses?

My house watches out for my daughter Lucie. I really appreciate that most students in dragon neighbourhood are not only willing to play with Lucie, but are also role-models who have taught her the importance of team spirit, to be caring, and about doing homework!

Imagine yourself as a student CAPTain for a week. What would be your favourite or least favourite aspects of CAPT?

My favourite aspect is that there is always something fun to do with people, especially in Dragon House, where we have house parties, steamboat, and waffle and ice-cream parties. I enjoy the spirit of the house, and I appreciate that they are always there to look out for one another. My least favourite aspect? A room without air-con. That would be dreadful. I know I am so pampered!

DRAGON HOUSE COMMITTEE

Kelvin Kang, House Head

Kelvin's main reason behind becoming house head was to make Dragon the most inclusive and welcoming neighbourhood. He strives to ensure that all Dragon members and international students are included into the house. As a result, he spends most of his free time interacting with the house members, striking up conversations along the corridors, meeting members for lunches, and making sure everyone feels at home. He couldn't have done these without the constant support of the House Committee, and for that he is always grateful.

Vanessa, Vice-House Head

Vanessa was the Committee's sports representative in Sem 1, and she took on the role of Vice-Head in Sem 2. Her favourite part about organising sports activities for Dragon was that it brought people together. Vanessa believes that her current role is a learning process; she is thankful for her capable House Committee who are united in their aim of making Dragon a second home. If you're looking for a sports buddy, be sure to look for Vanessa: she'll know exactly what game is happening!

Neville Chua, Residential Assistant

As an RA, Neville frequently fills up gaps in the House Committee's functions, identifying blind spots and areas for improvement. RAs receive information on college events much earlier than the Committee and provide valuable input. They also do the unpleasant but necessary work of addressing disciplinary issues so that the Committee can focus on building relationships. As a senior, Neville also sees the House Committee as younger siblings he can guide, giving advice on issues both about the house and their personal lives.

Yunting, Active Community Engagement IC

Yunting assumed her position with a desire to learn and serve, and would love for people to experience the joy of engaging and interacting with the community. She aims to create opportunities for people to see their plans and ideas come to life, and to witness their contributions bring happiness to the community. Dragon ACE has set up a long-term partnership with Viriya Community Services that serves various communities, and will cater to the different community interests of future Dragons.





Garuda is a place where meaningful friendships are forged and where they can truly be themselves and not be judged for that — it is, to them, their home away from home.

GARUDA



Reputable for: The “Lepak House” | “Minimum effort, maximum result”

House heads' reputation: Shah - Typically seen wearing a t-shirt, skinny jeans and slippers
Paul - Prefers to keep his beard and maintain a *hobo*'aura

Committee's reputation: Good mix of *ah bengs* and *ah lians* | Readily adopts various Singaporean stereotypes

Exchange students' reputation: No problem with picking up Singlish from them

Most famous residents: Jasmine, Aditya, Audrey, Daryl and Yijun

Best known for: Coming up with nicknames for each other, often leaving their original names completely forgotten

Best skills: Pics Art, photo-editing apps and Adobe Photoshop tools to “ship” people together

Most satisfaction: Seeing peers courting and getting attached -- and they're very proud and supportive of that!

DR TAN LAI YONG

How do you achieve a work-life balance in CAPT?

Work-life balance is not a strong word in my vocabulary, because I'm consistent with my office. I don't see things in black and white. I keep strict sleep hours, so I sleep early, get enough rest. I find that I'm most creative when I go for a run in the morning, when I can think about what I want to do. If it's something that I really want to do, and it comes from a creative insight, then I'm willing to expend a lot of energy to do it. You create work-life balance, you don't receive work-life balance.

Where do you see CAPT in 5 years' time?

We talk about championing migrant workers' rights, and about mobilising students for them, which helps to give them a voice. Singapore has come a long way; so similar students who did this in the 1970s got into a lot of political trouble. I guess we should be grateful or thankful that we have evolved into a situation now that we can speak of all these things in a constructive way. I hope in five years' time we will still appreciate this freedom. I don't think we should take it for granted, and also respect the limits of freedom. In other words, I hope that CAPT will grow into a place of responsible free speech. Adventurous, responsible free speech, that we don't mouth the same thing, but when we say something, be it simple or radical, we say it out of respect. We say it out of good consideration, good facts, and not just championing our position. CAPT will be a learning place where we want to review old things and celebrate them. And also try new things, because it is necessary.

If you could start an interest group, what would it be?

An eco-concert band – have school kids stay in CAPT for four nights and make music through recycled material – then hold a getai!



What is your favourite aspect of CAPT?

I think it is to see students bloom and mature over their two years here. My gut feeling is that at CAPT, we offer many students the opportunity to grow. Let's say for sports and games, like kickboxing and Zumba. I went down to talk to the students and 80% of them have never tried that before. I see girls who have never played floorball playing floorball. So it's our school system; in a school you have to be good to play a game or do a sport or sing in the choir, but here, it's not. That's my favourite part of CAPT. We give the quieter or maybe the late bloomers, people who never had the opportunity in junior college to take on leadership positions, take on the responsibility to try something new, to make friends.

"We just need our daily bread and to learn the value of humility."

GARUDA HOUSE COMMITTEE

Mohammad Shahari Bin Anshari, House Head

Shah never ceases to inject life and energy into everyone within a certain radius of himself, in a bid to revive the lifeless and almost dead atmosphere that the neighbourhood experienced during the first semester of this academic year. Shah loves Garuda as he feels here is where he strongly belongs when away from home -- his one semester absence was clearly felt, and now that he is back, he leaps straight into carrying out his role within the neighbourhood. This truly makes Shah the epitome of determination, almost persistence personified.

Pratyush Paul, House Head

Paul is easily recognizable with his overly manly beard and hobo hair. He first joined the House Committee when he first entered CAPT and has never looked back since. He was also the House IC for FOC15, along with buffboi93 Jon. When Paul is not out forcing people to play Monopoly, he can be found either in his man-cave or the infamous 10th floor lounge. His varied interests include travelling, photography, and socializing. Netflixing probably ranks the highest though!

Woon Zhen Hao, Residential Assistant

"For me, CAPT is synonymous with university. Everything good or bad transpired through CAPT, especially during the first two years. It feels great returning every day and waking up every morning to a bunch of wonderful friends. CAPT feels as comfortable as home should be and also as rejuvenating as a great workout should be. I will take away great memories of the times in CAPT."

Audrey Chan, House Committee Member

Part-time student and full-time mother of the level 9 girls, Audrey finds the commitment a tough but enriching one. Recalling her foetal days in CAPT, she reminisces about how the seniors had made the House Committee look fun and meaningful, hence fuelling her eventual decision to join the House Committee. Wails and sobs from many a troubled freshie can often be heard from her room. The 21-year-old, who is affectionately known to her housemates as Mulan, enthusiastically chirps, "Level 9 is my China! I hope my successor will find as much joy as I did."





Phoenix is a close-knit and fun-loving family that strives to be a home filled with warmth, concern, and support for one another.

PHOENIX



Best known for: Sports and love | Family

Most frequently seen: Butty | Making noise | People having noisy birthday celebrations, or gathering in the pantry when there is free ice-cream

Craziest wing: Level 14 girls' wing, because the craziest and noisiest people populate that wing!

Sexiest suite: 13-60, because they are always topless AND they are our MIB (men in boxers) -- need we say more?

Dirtiest place: Lupsupfan and Lupseena's rooms -- within 5m radius of their rooms and especially in their minds

Noisiest people: Yu Ling, without a doubt | Haseena | Junhao, when he's singing | EVERYONE

Craziest people: ESTHER CHAN | Yu Ling, for sure | Glen, obviously | Has!

Neighbourhood pets: Butty | Blastoise

PROF GREG DEAN PETERSEN



What do you imagine CAPT to be like in 5 years' time?

I suspect it will look much like it does now. We are starting to stabilize around consistent interest groups and sports. The ethos of the college, including kindness, friendship, consideration, friendly smiles, breakfasts, late night suppers, community engagement, active citizenship, etc., has a strong foundation and I believe that those who come after us will continue to build upon it.

If you were a student in CAPT, what do you think would be your favourite aspects of CAPT life?

My favorite parts would, of course, be breakfast and dinner conversations, hanging out in the lounge, watching and listening to the comments of my peers, and being involved in the activities in the college. I would go to the arts interest groups and try learning a bunch of sports I'd never heard of before moving to Singapore.

How do you achieve work-life balance in CAPT?

I don't! But I try. Regardless of everything taking place in a given day, we always try to set aside an hour or two to spend together as a family, and I try to give my wife one or two hours with just the two of us. I really appreciate the students letting us join them for breakfast or dinner, but sometimes it's also important for us to have some "family" time when it's about the only family time we may have that day. All this being said, we're also delighted to have the students as part of our life. When I was considering becoming an RF, I was told by other RFs that RFs come in two kinds: they either love or hate being around students 24 hours a day, 7 days a week. Overall, I love it; my family feels the same.

What do you appreciate most about your house?

What really struck me most the first year I lived in the college was how considerate, kind, and friendly most of the students were to each other, including learning each other's names. My wife and children regularly had people say "hi" to them by name, and my wife and children felt bad they didn't know all the students' names. I was very impressed how welcoming the students were to my entire family. It's been a very positive experience for our entire family.

What do you remember most about college?

I remember going to guest lectures for topics I had never heard before, and honestly, not being very interested sometimes but I went anyway because I knew there would be refreshments and I was a starving college student. Yet, it helped me keep my spark and love for learning everything alive. I don't remember much about my classes. I do remember some of the strange things I learned, but mostly, I remember the people and the things I did with them. I hope all of you are building memories that will last you a lifetime.

PHOENIX HOUSE COMMITTEE

Nur Haseena bte Jupri, House Head

As a head, Haseena has organized and led multiple events for Phoenix. Despite lots of heavy external commitments, Haseena is an amazing role model who always goes the extra mile for Phoenix to ensure that everyone feels at home. Friendly and loving, she warmly welcomes all newcomers with open arms (literally). We are very blessed to have her in our lives – as a friend, a house head, and most importantly, a beloved part of our family. Words can never truly describe the love she has shown all of us! :)

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Yeo Wan Ling, Wing Leader

Wan Ling is a steady and dependable member of the House Committee who takes pride in what she does. As a grounding force, she ensures that the team stays on track – especially when the enthusiastic committee (of mostly cute and excited freshmen!) has too many ideas. She is dedicated and contributes to reinforcing the cohesiveness of the Phoenix community in her own way. It has truly been a privilege to have someone like Wan Ling contribute to Phoenix.

Gerald Har, Residential Assistant

Gerald is a very busy man but he is also extremely committed to the neighbourhood. He gives not only support, but also guidance to the House Committee by taking an advisory role. Gerald goes out of his way to connect with the residents – feel free to say hi to him because he's really friendly! Observant and perceptive, Gerald is one of Phoenix's dedicated team of RAs (mini shout-out to Yvonne and Kevin!) who go above and beyond their duties to engage with the neighbourhood. Thank you for your hard work! #phoenixlovesyou

Wun Chou Hou, Sports Officer

Chun Hou is a proactive and passionate member of the House Committee, in charge of initiating inter-neighbourhood activities through sports. Outgoing and friendly, Chun Hou is able to connect well with people on a personal level, and puts his time aside for Phoenix despite having other commitments. His positive energy represents the spirit that we get from our freshmen – we are very blessed to have such a bright batch of freshmen in Phoenix!





Occupying the top most floors of CAPT, Tulpar is, literally, above all;
the fattest, laziest, and most nocturnal house — and proud of it.

TULPAR



Pet Peeves: People pressing on every single floor in the lift (can some of you please take the stairs?) | Fire drills -- probably the best and only form of exercise some Tulpies get in an entire semester

Best Known As: What we lack in skill, we make up for in spirit!

Frequently Seen: Someone whipping out a storm in the pantry; mala hotpot (again!?) | Late night (like *really* late) mahjong and board games | Ridiculously hilarious Kinect dance moves

Favourite Quote: "Eh supper?" | "Ameens/Macs order time?"

Choice of Supper: Ameens + Thursday McDonald's (sometimes both) + Instant noodles

House Head Typically: Being a Burden... *BURDARREN*

DR SEOW TECK KEONG

What do you imagine CAPT to be like in 5 years' time?

I won't know. I think we are all in a state of flux where change is the only constant. But I hope that CAPT's community spirit will continue to grow and we will be more sure of ourselves. CAPT is still relatively new and certain things have not been established as we are still trying to find our footing. Some activities can still be improved upon. The yearbook should have been done many years ago.

What makes your house different from other houses?

We are way above all, quite literally. I think that my house is the house of food. There seems to be a perennial supply of chefs, and we also always go out for supper.

What is one thing that you wish you knew when you were in college?

Whatever I knew at that time is good enough. We all learn and progress through life. Had I known something that I did not know then, it would have changed my perspective and I would not be where I am today.

Imagine if you could live as a CAPTain for one week, what would your favourite or least favorite aspects of CAPT life be?

I'm already a CAPTain. (laughs) My favourite part would be the community spirit and the passion of CAPTains for helping others. However, I don't like that CAPTains can be quite sloppy and messy. We care for the outside community but don't seem to care about the inside community. But again, this is not really reflective of CAPTains but rather, reflective of the current generation.

How do you achieve work-life balance in CAPT?

In fact I'm on 24/7. How do I achieve balance? I'm still trying to. I talk to my family before going to bed and we pray together before going to sleep. To me, that is important because we start the day without meeting one another.

What was your childhood dream?

I have always wanted to be an educator, but my childhood dream was to be an astronaut. But I wear specs, so that's it. Oh, another one was being a doctor. But it's too competitive given the quota for Chinese students in Malaysia's universities.



TULPAR HOUSE COMMITTEE

Chan Yong, Food Committee Member

Food activities are often convenient ways for people to gather and being able to organise such activities really gives me a great sense of satisfaction. It has been a truly meaningful, rewarding and invaluable experience to see neighbourhood gatherings come into fruition as we slogged our guts out from the planning phase to the execution of the event; to witness the joy and laughter of your neighbours over such events. I learnt to appreciate even small events, because behind every seemingly simple event lies the collective efforts of many hearts and minds.

Charmaine Boo, House Committee Member

The Tulpar family is unlike any other community that I've ever known. It has shown me what it means to accept people of all stripes, even despite vast differences. Joining the House Committee was natural for me as it gave me the platform to serve the house and engage residents in the same way that the house reached out to me when I first came in. From steamboats to Haunted House to Running Man, it has truly been a fun and meaningful experience in the House Committee!

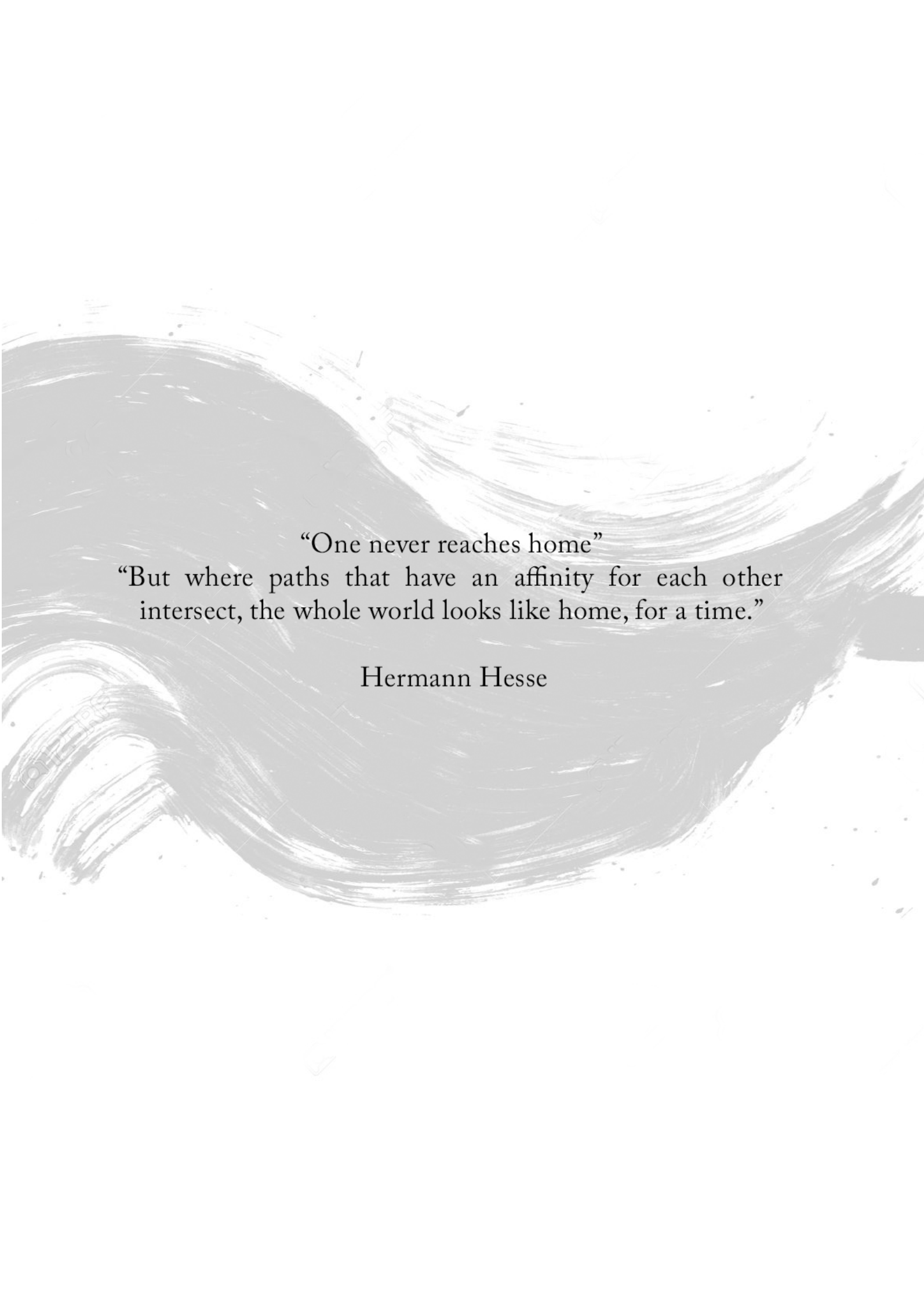
Cheng Xi, Residential Assistant

My utmost responsibility is to ensure the safety of the residents. I am very proud of our House Committee. When I attend their regular meetings, I remind them of things which may have eluded their discussion. Deep in my heart, I fully appreciate their effort and careful planning, executing and reviewing of neighbourhood events. I always try to participate in house activities as much as I can; it's a way for me to show my support to this bunch of highly motivated individuals. Perhaps at the end of this semester, I can prepare some big surprise as a treat for them. :)

Trinh, House Committee Member

To me, each neighbourhood represents a basic unit in CAPT. Tulpar's focus was on fostering friendships and strengthening bonds so that everyone finds a support network in the place we call home. As we reflect upon the true purpose of being in the committee - to serve our friends - I guess it is safe to say that the friendship we have with our neighbours is what makes us strive to improve every day and stay committed to creating a welcoming and engaging residential life for our friends.





“One never reaches home”
“But where paths that have an affinity for each other
intersect, the whole world looks like home, for a time.”

Hermann Hesse

ALUMNI

brought to you by the External Affairs Committee



THE CAPT ALUMNI

AFTER HOURS WITH THE ALUMNI

On February 16, the External Affairs Committee invited five esteemed alumni, Norman, Kok Ann, Zachary, Elaine, and Ling Hong, back to CAPT for a sharing session with the CAPTains. We gathered in the Flying Seed; and in this chill and homely environment, CAPTains, both old and new, shared their unique CAPT experiences. T'was an inspirational night!

"It was in CAPT where I realised that the true value of my education isn't the wealth it gets me, but the value I can create with what I learnt to give back to the community."

- Zachary Chua, Alumni



the alumni INAUGURAL CNY DINNER



On January 30, CAPT's first batch of alumni, in the spirit of the Lunar New Year, returned home for a night of feasting, reunion, and fun. Here's to the many alumni events to come!

roc graduands



Roc

Once a ROcker, always a ROcker, always taking the lift.

As we approach our final semester in CAPT, nostalgia fills our heart as we are hit by a sudden wave of emptiness. Imagine - after a tired day of class, there will be no more air-con lounges to sleep in. After a boring day of catching up on webcasts, there will be no neighbours to rant and be crazy with. Hunger pangs in the middle of the night yet no one to binge eat with. However, beyond these, we know that wherever we may be in the future, we will always have these two years of precious memories. We still remember how we stared in awe during freshmen initiation, when we were forced to wear pants without hands. We will always remember how we pranced around in our school uniform on Children's Day, inviting weird stares in the Dining Hall. We will always remember how our boys will quiver in fear on their birthdays and how difficult it is to get our girls to even lift a finger without baiting them with food. In our senior year, let us not forget how we forged a bond so strong that got us the best house for FOC 2015, together with our juniors, and how our juniors are now carrying on our legacy. Minimum effort, maximum fun. Once a ROcker, always a ROcker, always taking the lift.

dragon graduands



Dragon

The most ordinary thing can be made extraordinary with the right people.

Time really does pass in a blink of an eye. It seemed like just yesterday we were setting foot in CAPT for the first time, sitting in a circle and getting to know the people who would be our neighbours for the next 2 years. Lo and Behold, here we are now, fast approaching the end of our 2-year residency. Without a doubt, it was nothing short of special and it has been a wonderful journey with all of you! CAPT has been a home away from home only because all of us brought a bit of ourselves into this place; we tolerated each other's annoying antics, provided comfort and solace to those in need and of course filled our faces with smiles. Though farewells can be sad, I am heartened to say that I am also glad because each of us are starting on another journey towards newer and better pastures. To those who are leaving, our hearts will be with you and thank you for crossing paths with me! This may be goodbye but the only reason we are saying goodbye is so that we have a chance to say hello again.

garuda graduands



Garuda

The 'lepak' house.

With a mat and an anjack as Househeads, the house has a very chill atmosphere. Minimum effort, maximum result. Despite all this, Garudians are rarely seen in corners. Perhaps because there are very few lepak corners in CAPT. Househead Shah can be typically seen wearing tshirt with skinny jeans and slippers. Househead Paul, prefers to keep his beard and have a hobo aura. We have good mix of bengs and lians in our comm too. The house readily adopt various stereotypes from going to lesson in mat-style ootd to including ah lianz lingo in our chats. Even our exchange friends have no trouble picking up singlish from us. We have multiple Jasmine, Aditya, Audrey, Daryl and Yijun in our house that we have to come out with various nicknames for each of them. Some of them are called by their nicknames so often that their original name are forgotten. Pics art, photoediting app, photoshop are essential tool and people in the house pick up these skill to stir and "ship" people together. We are very happy when our peers are courting or get attached and fully show our support.

phoenix graduands



Phoenix

#TEAMPHOENIX: LIFE - RENEWAL

It all started with FOC 2014; the first point of interaction between the graduating batch of Phoenix. Our first year together started out on a high note as we set the foundations of our friendships through various activities: the weekly "BALLS OF STEEL!" badminton sessions, suite bonding sessions accompanied with food and steamboats, cookouts, heading out to nearby malls to shop or catch a movie, and who can forget all the time spent in the lounges playing bridge, hearts and poker all night, sacrificing sleep to "bask in the warmth of" each other's company?

Even as we started to settle into the rhythm of university life, we still found time to attend house events, celebrate birthdays (#OperationFlyButteck?!?!?!?!), meet up for chalets and make the effort to return to FOC 2015 to reignite our friendships and establish new ones. 4 semesters have breezed by and some of us are leaving to begin the next stage of university life, but as we look back on the kaleidoscope of memories forged, we cannot help but indulge in the beauty of these moments with a silly grin on our face. Thank you for the memories!

tulpar graduands



Tulpar

We are neighbours by chance, friends by choice.

How so many people from so many different walks of life can come together and share their lives with each other never fails to amaze me. I've never seen so many individuals so willing to put themselves out there to make friends with people whom they would usually not talk to. This, to me, embodies Community Engagement — heartfelt conversations (usually quite late at night); supper 'jio's (Thursday macs night); resistance (board games in general); our strange aversion to sports; walking into the lounge and hanging out with whoever's inside; all the tears and pain over IEM: all these small everyday actions make up the culture that we have grown to embrace and love in Tulpar. The Tulpar class of 2016: we are definitely far from perfect, but the beauty of it is not in trying to become the perfect resident/neighbour/friend, but it's in how we patiently work through our imperfections, accept each other nonetheless (or at least, we try to the best of our ability), and live with each other. We are truly neighbours by chance, friends by choice; and somehow, we became family.

EPILOGUE



The CAPTsule was conceived with the idea of an agglomeration of Angsana seeds (flying seeds) and the eventual image of a sturdy angšana tree.

It is our hope that as you ventured across the pages of the very first yearbook, that you were able to see yourself manifested in the experiences represented: physically, metaphorically or in spirit and that the externalisation of the many stories have stirred within you a certain something:

For the Fellows and Collegial Staff- a sincere thank you from us CAPTains to you, for the support and guidance manifested in the events and initiatives, our work and our character. For imparting not only academic lessons, but life lessons and for pushing us to strive for better, with the freedom to dream bigger and a steady grounding in reality.

For the alumni- a nostalgic recovery of joy, laughter and tears, but most of all, reminiscences of a place you have lived in and loved, a place where yesteryears are buried deep with some of the most supportive and nurturing people you have come across.

For the graduating CAPTains- a sense of pride and accomplishment as you remember your hard- and heart-work in shaping the college, the juniors and your experiences over the past year. That you carry with you the values and lessons you have acquired from your time in the college to continue to engender change in the many places you endeavour into, always cognizant that every institution out there is but its people.

For existing CAPTains- a reminder of the invaluable opportunities present within this people-oriented environment where interaction with people causes relationships to be built and daily transitions to become seamless. That you allow yourselves to be integrated into the inevitable threads of interdependence as you better each other and spur each other on in creating a better college, a better you, a better journey ahead.

Above all, we hope that the CAPTsule has inspired you to believe and remember that we are a collective of Angsana seeds- each a tiny capsule teeming with experiences which do not mean anything unless given life. As we commit to building a strong community within and without the borders of CAPT by sharing our experiences and creating new ones, may we cultivate and equip each other with the relevant skills, in learning and living, to be an Angsana Tree, weathering the seasons together: intimate in the rain, enduring in the sun.

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for your patience in compilation, and sacrifice of personal time

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Love,
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Because people, not places, make memories.

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